

Transcript of HCG by Sublingual

For more information visist: <http://www.beyondfatloss.com>

HCG Diet Instructions 23 day with 5000IU HCG by Sublingual

Okay, we will be mixing a HCG for the 23 day sublingual phase. For this mixing, you will need your mixing syringes, your amber bottles, your HCG, the liquid B12 vitamin and the colloidal silver. First, you want to go ahead and disregard the water that comes with the HCG, it is not necessary for this mixing, so go ahead and throw it away. Next, you want to take the cap off the HCG, you will need your mixing syringe and the colloidal silver to mix the HCG. Go ahead and let's open the colloidal silver first and open the mixing syringe. Make sure the needle is on tight to the syringe, take the cap off and you will need 2cc of the colloidal silver to mix your HCG. I will usually pull more than the 2cc, roughly around 3 because you will get bubbles and if you get bubbles, you are not getting the full 2cc. So, you just want to make sure that you get all the bubbles out and then I just took put what I don't need back into the bottle. Then, you add the 2cc of the colloidal silver to the HCG. The HCG is freeze-dried which means as soon as the liquid hits the powder; it will automatically liquefy the powder, but, you will want to make sure that the bottom that there is not anything, any white residue on the bottom. If there is, just go ahead and mix it around a little bit. Put the cap back on the needle because we will be using the needle here shortly and the cap to the colloidal silver and we need your amber bottle, take the cap off, remove the cap from the needle and extract the HCG-Colloidal silver mixture and make sure you get all the liquid out of the HCG, add that to the amber bottle. Next, we will be using the B12; you will need 13cc of the B12. Take the cap off, extract your first 10, add that to the mixture, the HCG-colloidal silver and then go and extract your 3cc. Again, I usually do little bit more than what

Transcript of HCG by Sublingual

For more information visist: <http://www.beyondfatloss.com>

Transcript of HCG by Sublingual

For more information visit: <http://www.beyondfatloss.com>

I need to make sure there are no bubbles and then put back what I don't need. Add the 3cc to your amber bottle, put the cap back on the needle, twist the needle off of the syringe, put the cap on your HCG mixture and put the cap back on the B12. This mixture will last you for 15 days, after 15 days, you going to go ahead and mix it again with your extra mixing syringe, your extra amber vial and the excess of your colloidal silver and your B12 vitamin and the rest for your HCG.

Transcript of HCG by Sublingual

For more information visit: <http://www.beyondfatloss.com>